

Suggested Retreat Packing List

During non-summer months, the temperature can drop substantially after sunset, so please remember lots of layers!

Clothing

- Shirts
- Shorts or pants
- Underwear
- Socks
- Pajamas
- Sweatshirts or sweaters (layers are a must!)
- Sweatpants
- Hat
- Warm jacket

Shoes

- Tennis shoes or sneakers
- Sturdy hiking shoes
- Sandals with closed toe or closed back (in warmer months)
- Shower shoes (optional)

Linen

- Sleeping bag or twin sheet set & blanket
- Pillow & pillow case
- Bath towel
- Washcloth

Toiletries

- Bathroom/cosmetics bag
- Toothbrush & toothpaste
- Soap
- Comb or brush
- Shampoo & conditioner
- Deodorant

Other Items

- Water bottle
- Sunscreen
- Backpack
- Flashlight
- Umbrella (weather dependent)
- Sunglasses
- Books, cards or small games
- Prescription Medications
- Eyeglasses or contacts
- Feminine Hygiene Products

***Please do not bring any valuable or sentimental items. Camp Newman is not responsible for any lost or broken items.**

***Youth retreats are encouraged to label all clothing and personal items.**